

What Do Raw Fooders Eat? By Nomi Shannon

By Nomi Shannon

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Nomi Shannon Bestselling Raw Food Author, Chef and Lifestyle Coach. P.S. Her third book, What Do Raw Fooders Eat was recently published in hard copy.

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Why and how to get more raw foods into your diet. Nomi got 48 raw fooders to keep meticulous food Plus, a complimentary chapter from "What Do Raw Fooders Eat?".

Nomi Shannon is the author of The Raw Gourmet (4.02 avg rating, 55 ratings, 6 reviews, published 1998), Raw Food Celebrations Nomi Shannon's Followers.

