

Pilates + Yoga By Jill Everett

By Jill Everett

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Jill Everett studied at film school in Los Angeles and went on to work with Steven Spielberg. She moved to London to produce commercials, but her interest in yoga

Pilates Mat Classes. Hi! I'm Jill Everett, a certified Body Control Pilates teacher, also Pilates foundation trained, teaching Pilates full time for 13 years, and

Jill Everett is the author of Pilates + Yoga (3.00 avg rating, 1 rating, 0 reviews, published 2004), Personal Trainer (2.00 avg rating, 1 rating, 0 review)

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Personal Trainer Jill Everett is a certified Pilates instructor and certified Yoga instructor, and author of the acclaimed book PILATES PLUS YOGA.

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Pilates + Yoga fuses eastern and western traditions. Jill Everett uses the best of both disciplines to give a workout that produces strength, suppleness and

Jill Everett has been teaching in Wapping for 13 years, at her Metropolitan Wharf space, Flow Studio, and at Shadwell Basin Outdoor Activity

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Outdoor Cardio Core Plus Hybrid fitness with Jill Everett. Bring your fitness outdoors to the Tribeca Riviera , Hudson River style, for a fun Cardio Core Plus Hybrid

Other Information. Pilates & Yoga These group classes are given by Jill Everett, certified Pilates instructor and certified yoga instructor, and author of the

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