

Parenting From The Inside Out 10th Anniversary Edition: How A Deeper Self-Understanding Can Help You Raise Children Who Thrive By Daniel J. Siegel MD;Mary Hartzell

By Daniel J. Siegel MD;Mary Hartzell

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Daniel J. Siegel, M.D., received his medical degree from Harvard University and completed his postgraduate medical education at the University of California, Los Angeles.

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Dr. Siegel is an internationally recognized educator, practicing child psychiatrist and author of several books, Parenting From the Inside Out,

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