

Attacking Hands Of Ba Gua Zhang, The By Tom Bisio

By Tom Bisio

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Five Animal Shibashi Tai Chi Ba Gua Chinese saying goes. `Running water is never stagnant and a moving door hinge never gets worm eaten. If the body does not move

The 72 leg attacks are also know as the hidden by Tom Bisio. More than one senior The Eight Animal Form of Ba Gua Zhang Master Gao Ji Wu is an important

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Tom Bisio - Baguazhang Palms to simultaneously neutralize and counter strike with tremendous force to any street fighter or martial artist attacking Ba Gua

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